

15 October 2020

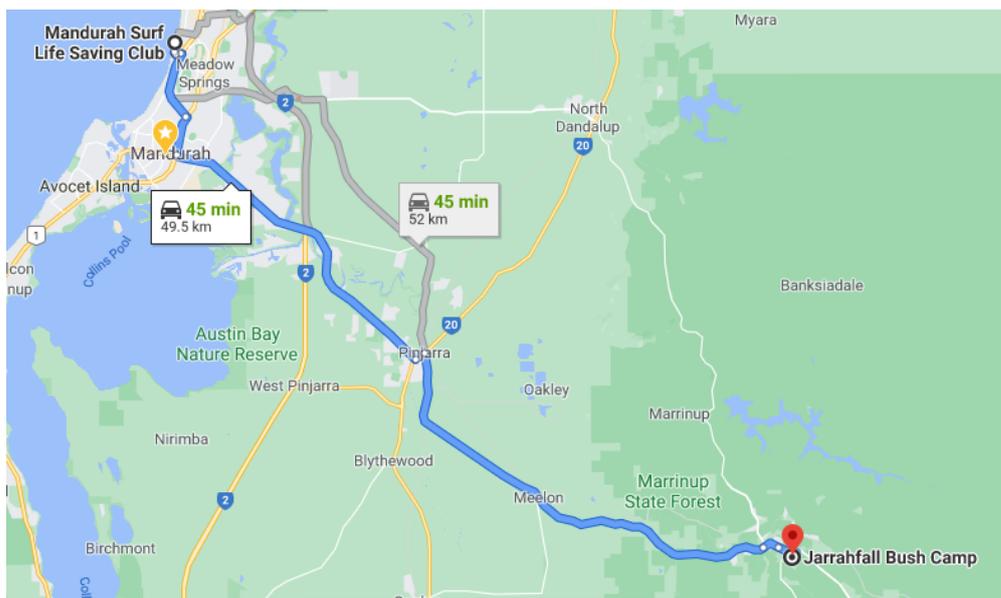
Dear Parents

MHSLSC Youth Camp – Jarrahfall Bush Camp, Dwellingup 18 – 20 Dec 2020

Welcome to the inaugural MHSLSC Youth Camp for club youth in **the age groups U13-U19**. This first Camp is to be held at Jarrahfall Bush Camp, Dwellingup. The Camp is scheduled to begin on Friday 18 Dec 20 at 12pm and conclude around 12:30am Sunday 20 Dec 20. The camp will provide a great opportunity, to develop teamwork skills as a Youth cohort, learn and progress with SLSC YLP program and benefit from the activities Jarrahfall Bush Camp has to offer.

This letter serves as your **Information Booklet** and the following items have been included:

- Permission slip
- Dietary requirements notice
- Medical conditions notice
- List of requirements for the camp
- **Total cost \$150 per participant.**



The camp will be fully catered by MHSLSC and accommodation is dormitory with Bunk Beds. See the attached Jarrahfalls Bush Camp Website Link : <https://jarrahfall.com.au>

Please note that attendance for the whole camp period is mandatory for participants. We simply can't have participants coming and going over the weekend. If there are any question with regard to this please direct them to Ewan Jones as soon as possible. We would also like to take everyone but numbers are limited to a total of 50 at the camp.

The plan will be to meet at the Surf Club car park by 12:30pm on Friday 18 Dec 20. We will then load personal equipment into the vehicles for a 1pm departure. If you cannot be there at 12:30pm; you need to advise Ewan Jones ASAP so that we can delay departure or make alternative transport arrangements.

Mandurah Surf Life Saving Club

Ewan Email: youthcoordinator@mandurahslsc.asn.au

Phone: 0435 215 889

Darren Email: president@mandurahslsc.asn.au

Phone: 0410 421 060



The camp will be run by Club Facilitators that have met the SLSWA child protection requirements.

The format for the camp is based around having fun, developing teamwork and exposing the Attendees to new activities. It's not a training weekend, but everyone will be expected to participate in all of the activities set by the Facilitators.

If your son/daughter has any dietary requirements, allergies (to nuts, bees, thistles etc); wears a medical alert bracelet; carries an anaphylactic pen etc. we need to know about this. Please make sure you complete the appropriate sections of the enclosed forms.

Whilst this camp is designed to be fun and rewarding, there will be behavioural expectations placed on each person that are in accordance with our SLSA Member Protection Policy 6.5.

We have an obligation to respect the requirements of the management of Jarrahfall Bush Camp, who are our hosts, to behave in an appropriate manner towards each other and the environment in which we operate. Everyone is expected to follow the instructions of the Camp Facilitators. Although we do not expect this to happen, any person who cannot honour this requirement will be sent home immediately. This will require you to collect your son/daughter.

We hope to take a team/group photo, and will be keeping you up to date on Facebook over the course of the camp.

Confirmation of your intention to attend camp is required by the 4 December 2020. Places are limited for the camp – so it is highly recommended that you return the camp letter to the Club and pay the camp fee of \$150 as soon as possible.

Confirmation of camp attendance will be based on:

- Return of permission slip and associated paperwork (attached) to Ewan Jones or via e-mail to youthcoordinator@mandurahslsc.asn.au; and
- Payment for the camp.

Club accounts can be paid by:

- **Credit Card**
 - Via the Mandurah Surf Club Website: <https://mandurahslsc.asn.au/what-we-do/youth/>
- **Bank Transfer**
 - Account name: Mandurah Surf Lifesaving Club
 - BSB: 036192 Account: 105214
 - Use your surname and the word "Camp" as the reference

I hope that all of our youth participate in this inaugural event. Only you can make it the success it has the potential to be. If you have any additional questions, please do not hesitate to contact us.

Yours Sincerely,


Darren Gould
President
MHSLSC

Mandurah Surf Life Saving Club

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What to Bring

The following is a list of equipment is required by all persons attending:

1. Each person may bring other personal equipment or items to use (iPad / camera / Mobile Phone).
2. No responsibility can or will be taken for the loss of personal items (cash, iPads, cameras and phones included).
3. A **No Hat No Play** policy will be enforced. Make sure a hat is packed.

4. Item	Qty	Compulsory / Optional
Personal Medications (to advise)	as required	C
Pillow	1	C
Sleeping Bag/sheet and/or doona	1	C
Pyjamas / Sleeping Attire	1	C
Toiletries (soap / toothbrush etc)	all as required	C
Flashlight / Torch	all as required	C
Casual Outfit (neat)	1	C
Warm Jumper or Jacket	2	C
Track Pants / Trousers	either or both	C
T-Shirts (short and long sleeve / include Club shirt)	3	C
Underwear and Socks	2 of each	C
Wet Weather (Spray) Jacket [check the forecast]	1	O
Spare Dry Clothes (preferably warm items)	1 set	C
Board Shorts / Swimmers / Bathers	1	C
Runners / Athletic Shoes	1	C
Sports Attire (shorts and top) [for daily activities]	2	C
Towel	2	C
Sun Hat	1	C
Sunscreen	1	C
Swimming goggles	1	C
Sunglasses	1	O
Thongs	1	C
Water bottle	1	C
Insect Repellent	1	O
Equipment (Board/Fishing Gear)	1	O
Personal cash (approx \$30-\$50)		



Insurance/Indemnity

The MHSLSA's members' registrations through Surf Life Saving Western Australia (SLSWA) will cover all members' for insurance purposes. All participants (Under 13's – U19's, and Facilitators) are to be registered members of MHSLSA.

Behavioural Expectations

Whilst this camp is designed to be fun and rewarding, there will be behavioural expectations placed on each person in accordance with our SLSA Member Protection Policy 6.5.

We have an obligation to respect the requirements of the management of Jarrahfall Camp, who are our hosts, and to behave in an appropriate manner towards each other and the environment in which we operate. Everyone is expected to follow the instructions of the Camp Facilitators.

Although we do not expect this to happen, any person who cannot honour this requirement will be sent home immediately. This will require you to collect your son/daughter.

Transport

Transport to and from Jarrahfall Camp Dwellingup will be provided by bus. There may be a requirement for some attendees to accompany facilitators in Private Motor Vehicles when transporting equipment.

Risk Analysis and Management Work sheet

Safety and welfare is the responsibility of the Camp Coordinator. The camp is to be conducted in accordance to the Surf Life Saving Policies, and the Risk Analysis and Management work sheet. All activities are to be preceded by a specific activity Risk Analysis.

An overall safety brief is to be conducted by the Camp Coordinator prior to any activity commencing. Facilitators are to provide detailed safety briefs to all participants, prior to conducting individual activities.

Risk Analysis and Emergency Procedures

Context for risk assessment

The ratios of Facilitators to juniors will not exceed 1:5, and in most cases will be less.

Emergency actions are relatively simple, with the club 4WD utilised as the emergency vehicle to transfer the patient to the planned point of recovery or in urgent cases an ambulance will be called.

Weather, to include air temperature for the area will be researched one week prior to the commencement of the activity and in the immediate days leading to the activity.

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Risk	Control	Emergency Response
Environment		
External activity area unsuitable Eg. Too wet Winds too strong	Monitor forecast daily Review conditions at start of each session Continue to monitor as session continues. Shift to another location or training centre if necessary. Return to camp, and relocate activity to another alternative location	Return to camp, and relocate activity to another alternative location
Heat	Monitor forecast, sun protection, suitable clothing, hydration, monitor group.	Evacuate group if heat stress likely.
Cold	Monitor conditions and forecast, suitable clothing, carry hot drinks.	Returns to vehicle evacuate, warm drinks and re evaluate
People		
Minor injury, sudden minor illness	Limit exposure to hazards, ensure safe practices in all activities, appropriate protective clothing, check all equipment, health declaration	First aid or evacuate if necessary
Major injury, illness	Health, injury, medication check at each briefing session, monitor group throughout activity, ensure safe practices, protective clothing, avoid major hazards, take extra care in harder areas. .	Treat or reduce at scene if possible, return to vehicle if possible, call emergency services if unable to manage with own resources, transport injured or ill person to appropriate medical aid
Fatigue, muscle soreness	Limit total duration of activity sessions, include breaks, carry snacks & drinks, monitor group, modify activities if necessary	Rest; restrict activities necessary and return to pavilion
Equipment		
Faulty, damaged items	Inspect all equipment at start of activity, repair or replace if necessary, inspect daily, carry repair kit and spares.	Evacuate group if major equipment damage and items unable to be temporarily repaired.

Emergency Equipment Used or Carried by the Facilitators

First Aid Kit	
Water Bottles	Oxy Kit
Mobile Phone	Whistle
Emergency Contract Details	Radio
Sun Block	Bus
Personal medications (as required)	Mentor Vehicle as required

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Key Phone Numbers

- External Emergency Contacts
Emergency Services: 000
- Camp Coordinator: Darren Gould 0410 421 060

Weather

The Camp Coordinator is to monitor weather conditions 36 hours, 24 hours, and 6 hours prior to commencing the activity. The activity is not to commence or is to cease immediately if the following occur:

- Windspeeds over 35 knots
- Lightning
- Severe thunderstorms or squalls
- Gales
- Tropical cyclones within 500 nautical miles of the activity area.

Medical General

Camp Coordinator is to ensure suitably qualified medical personnel are on location for the duration of the event.

Facilitators are to carry an appropriate stocked first aid kit whilst conducting away from base activities and a comprehensive first aid kit is to be maintained in the safety vehicle.

Communications

The primary means of communications will be through the Camp coordinator via mobile phone and UHF Radio using the Training Channel

If an incident does occur which requires communications to the participant Parent/Guardian/club this will be via phone from the Camp Coordinator. The SLSA Social Media 6.20 will be strictly enforced.

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Mandurah Surf Life Saving Club
Parental/Youth Permission Slip Youth Camp, Jarrahfall Dwellingup
18-20 Dec 2020

Name of Child Attending:			
Child Date of Birth:			
Parent/Guardian Name:			
Contact Details:			
	<i>Mobile Phone</i>	<i>Home Phone</i>	<i>Email</i>
Alternative Family Contact:			
	<i>Insert Name</i>		
Relationship to child:			
Contact Details:			
	<i>Mobile Phone</i>	<i>Home Phone</i>	<i>Email</i>

Special Dietary Requirements:

Please list any dietary requirements that your son/daughter may have e.g. vegetarian, gluten intolerant

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Medical Alert Notice:

In the interest of your child's health and safety we would be grateful if you could acknowledge the following:

“As a natural consequence of their involvement in this Club Camp, your child may at some time be injured or involved in an accident. The information provided will help us better care for your child.”

Please list any medical conditions or alert requirements that your son/daughter may have eg. Asthma, allergic to bee stings, thistles, nuts, uses prescribed or self-administered medications, uses an anaphylactic pen, has diabetes, has a medic alert bracelet etc.

Other Information:

Please provide any other information about your child, which will enable the organisers to provide a more effective level of care i.e. existing injuries, previous operations, and other issues:

When was your child’s last tetanus shot?	
<i>Insert Date</i>	
Medicare Number:	
Do you have Private Health Insurance?	Yes / No
<i>Please circle</i>	
Name of Company:	
Do you have Ambulance Cover?	Yes / No
<i>Please circle</i>	
Name of Family Doctor / medical Centre	
Contact details:	
<i>Phone Number</i>	

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Please tick the following to confirm you have read:

- I am aware that involvement in these activities may require my child travelling by private vehicle.
- Where it is not practical to communicate with me, I authorise the Camp Co-ordinator to consent to my child receiving medical treatment as may be considered necessary.
- We acknowledge that Camp Leaders and those others accompanying Club members on this Camp will take all reasonable care while the participants are in their charge to protect them from injury and to control and supervise their behaviour and activities. However, we acknowledge that each individual child has a duty to take responsibility for their own actions and behaviour during this camp.
- We are aware that Camp Facilitators and other helpers are not responsible for injuries or damage to property, which may occur where, in all circumstances, they have not been negligent.
- We accept that costs incurred as a result of accident or illness is the responsibility of the parent/guardian.
- The Club's insurance policy provides a general public and products liability of up to \$20,000,000 and covers:
 - o "Legal liability to third parties for Injury and/or Damage to Property caused by an occurrence in connection with the insured's business"
- We accept the conditions outlined above and understand the behavioural expectations placed on each person.
- We also understand that any person who cannot honour this requirement will be sent home immediately. This has been emphasized with our son/daughter(s).
- Unless previously advised, we shall collect him/her/them from Mandurah Surf Life Saving Club at the conclusion of the camp.
- I have read and understand the information provided above and give permission for my son/daughter(s) to be part of the Mandurah Surf Life Saving Club Youth Camp.
- He/she/they understand that he/she/they have an obligation to respect the requirements of the camp, Jarrahfall Camp, Dwellingup and to behave in an appropriate manner towards each other and the environment they are in and in accordance with the policies of Mandurah Surf Life Saving Club.
- He/she/they also understand that the instructions of the Camp Facilitators are to be followed and that they will be sent home immediately if they misbehave.

Attendee Name:

Please print

Signature

Parent/Guardian Name:

Please print

Signed (Parent/Guardian):

Signature

Date

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